

Metodologie a Reference

Volnočasové aktivity a stravování dětí v Česku

Metodologie - Vlastní zpracování na základě dat:

1. Health behavior in school-aged children (HBSC), 2024
<https://hbsc.org/data/>

Další reference:

1. Intake of sugar sweetened beverages among children and adolescents in 185 countries between 1990 and 2018: population based study, 2024
<https://www.bmj.com/content/386/bmj-2024-079234>
2. Screen time among school-aged children of aged 6–14: a systematic review, 2023.
<https://ghrp.biomedcentral.com/articles/10.1186/s41256-023-00297-z>
3. Assessment of Changes in Child and Adolescent Screen Time During the COVID-19 Pandemic, 2022
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9641597/>
4. Screen time in children and youth during the pandemic: A systematic review and meta-analysis, 2023
<https://www.sciencedirect.com/science/article/pii/S2667009723000465>
5. Faulty screen time measures hamper national policies: here is a way to address it, 2023
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10416100/>
6. New WHO guidance: Very limited daily screen time recommended for children under 5, AOA, 2019
<https://www.aoa.org/news/clinical-eye-care/public-health/screen-time-for-children-under-5?sso=y>
7. Physical Inactivity in Childhood from Preschool to Adolescence, 2020
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7451199/>
8. Screen-Time Policies and Practices in Early Care and Education Centers in Relationship to Child Physical Activity, 2018
<https://pubmed.ncbi.nlm.nih.gov/30199286/>
9. SUBSTITUTION EFFECT, CFI
<https://corporatefinanceinstitute.com/resources/economics/substitution-effect/>
10. Global Changes in Child and Adolescent Physical Activity During the COVID-19 Pandemic, 2022
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9274449/>
11. Lack of physical activity among European children and adolescents following the COVID-19 pandemic, 2024
https://www.researchgate.net/publication/377666320_Lack_of_physical_activity_among_European_children_and_adolescents_following_the_COVID-19_pandemic